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Sarah Cook is a senior research analyst for East Asia at Freedom House. She manages the editorial team producing the *China Media Bulletin*. Cook is the author of several articles and numerous country reports examining media freedom and democratic governance in China and elsewhere. Her comments and writings have appeared on CNN, the *International Herald Tribune*, the *Taipei Times*, the Jamestown Foundation's China Brief, and the U.S. Congressional-Executive Commission on China. She recently authored a special report published by the National Endowment for Democracy's Center for International Media Assistance on how the Communist Party's media restrictions affect news outlets outside China. Before joining Freedom House, she was twice a delegate to the United Nations Human Rights Commission meeting in Geneva for an NGO working on religious freedom in China. She received a BA in International Relations from Pomona College and as a Marshall Scholar, completed master's degrees in politics and international law at the School of Oriental and African Studies in London.